

SPHERICAL DFW

MONDAY:WEDNESDAY

5:00 A M

6:00 A M

7:30 A M

8:30 A M

6:30 P M

TUESDAY:THURSDAY

8:30 A M

OPEN GYM:6 A M-8 P M

FRIDAY

5:00 A M

6:00 A M

7:30 A M

8:30 A M

SATURDAY

8:00 A M

OPEN GYM UNTIL 1 P M