NFL TRAINING PACKAGES

PRO DAY

+ PRO DAY 365

CAREER PREP

+ CAREER PREP 365

APEC

NFL PRO DAY

8 week - \$4250

+ NFL PRO DAY 365*

with year round free training credit

12 week - \$5250

BOTH PACKAGES INCLUDE:

Training: Pro Day Physical Test prep

Personalized Peak Performance Plan

Medical: Sport Stretch Sessions

Massage Therapy

Medical grade; sauna, light therapy, sound therapy

Access to APEC recovery rooms and technology

Nutrition: Full NSF supplementation

Gear: Exclusive APEC team gear

Accountability: Detailed weekly progress reports

Branding: Personal professional photos, training videos

*+365 gives you 12 weeks of everything listed and free training / supplementation for a full year

NFL CAREER PREP

8 week - \$10,000

+ NFL CAREER PREP 365*

with year round free training credit

12 week - \$12,000

BOTH PACKAGES INCLUDE:

Training: Pro Day Physical Test prep

Personalized Peak Performance Plan

Skill coaching- 24 hours of skill development, combine/ proday drill prep, film review, and board talk

Medical: Personal heart rate monitoring technology for real time display and app

Access to 1 on 1 treatment from our diverse 6 doctor medical team

Sport Stretch Sessions

Massage Therapy

Medical grade; sauna, light therapy, sound therapy

Access to APEC recovery rooms and technology

Nutrition: Food provided by sport nutritionist/chef/cater of Dallas Mavericks and Dallas Stars. (HG Supply)

Personalized body transformation plan and monitoring

Full NSF supplementation

Gear: Exclusive APEC team gear

Accountability: Detailed weekly progress reports

Branding: Personal professional photos, training videos

*+365 gives you 12 weeks of everything listed and free training / supplementation for a full year

APEC PAYMENT POLICY

- Form of Payment must be received before athletes start. If sending check we will hold amount on CC and refund when check arrives. IF CHECK IS NOT RECEIVED WITHIN DATE COMMUNICATED DURING SIGNUP, WE WILL CHARGE THE CC FOR PAYMENT.
- ALL Credit Card charges will add 3% to total charge.
- Half of total is due upon reservation with the remaining balance due within 30 days of the reservation date. If the deadline is not met, the CC on file will be charged.
- 5% off for Paid in Full **when booking reservation**. (applies to training systems only)
- Group discount of 2% for 4+
- Group discount of 5% for 6+

FINE PRINT FOR ALL PACKAGES

- It is highly recommended that each athlete train for 12 weeks. Extension of any 8 week program can be extended at the same rate of the initial training package. Extension prices are higher due to limited availability.
- Training packages will not be given credit for weeks missed due to All Star Games, Combines, Marketing Appearances, Etc.
- Food and Medical Services can be extended at the same rate as the initial package. 2 Weeks notice previous to extension is due to provide adequate service.
- Skill training will be provided for 24 hours of work. Extension of skill training will be discussed and purchased between the agent and skill coach.



For Reservations:

Contact: Brandon Stroupe General Manager



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682-249-6646



TeamAPEC.com/NFL

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